

Breastfeeding Resources

Virginia Breastfeeding Coalition

vabreastfeedingcoalition.org

Virginia WIC Resources

vdh.virginia.gov/wic

OR contact local health department

Virginia La Leche League

llvawv.org

Appalachian Breastfeeding Network

appalachianbreastfeedingnetwork.org

(888) 588-3423

Blue Ridge Breastfeeding Coalition

facebook.com/groups/242944859120091

Breast Roanoke

breastroanoke.org

breastroanoke@gmail.com

Oklahoma Breastfeeding Hotline

okbreastfeeding.org

(877) 271-MILK (6455) or Text OK2BF to 61222

USLCA Find a Lactation Consultant

uslca.org/resources/find-a-lactation-consultant-map

Department of Health and Human Services

womenshealth.gov/breastfeeding

(800) 994-9662

ILCA Find a Lactation Consultant

connect.ilca.org/main/why-ibclc-falc

For more information and updates visit our social media channels.

 [@vabreastfeeds](https://facebook.com/vabreastfeeds)

 [@va_breastfeeds](https://twitter.com/va_breastfeeds)

 [@va_breastfeeds](https://instagram.com/va_breastfeeds)

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